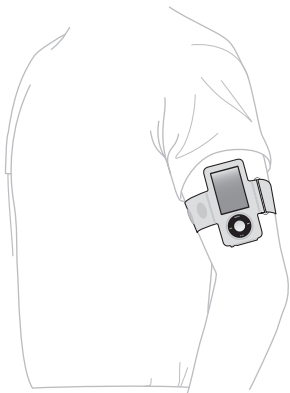
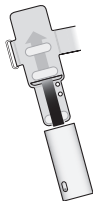




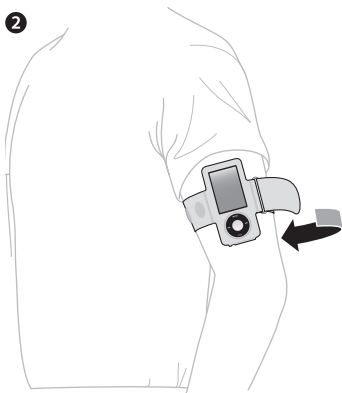
# iPod nano Armband



1



2



**English:** Slide iPod nano into the armband pocket. Fasten the bottom flap securely. The flap has two settings. Use one if you're using iPod nano alone, and the other if the Nike + iPod receiver is connected.

Place the armband on your arm, thread the strap through the metal ring, and then pull the strap to tighten the armband.

To remove iPod nano, remove the armband first, and then unfasten the bottom flap and slide iPod nano out of the armband pocket.

**简体中文:** 将 iPod nano 插入臂带口袋中。将下垂折回来拉紧。下垂有两个粘贴位。如果单独使用 iPod nano，请使用其中一个，如果连接了 Nike + iPod 接收器，则使用另一个。

将臂带套在手臂上，将扣带穿过金属环，向外拉扣带使臂带拉紧。

要取出 iPod nano，请先卸下臂带，然后揭开下垂并将 iPod nano 从臂带口袋中倒出来。

**繁體中文：**請將 iPod nano 放入臂掛套袋。繫緊底部的固定片。固定片有兩種使用方式。如果您單獨使用 iPod nano，請使用其中一種；如果已連接 Nike + iPod 接收器，請使用另一種。

將臂掛套放在您的手臂上，將繫帶穿過金屬環，然後拉緊繫帶來固定臂掛套。

若要取下 iPod nano，請先取下臂掛套，鬆開底部的固定片，然後將 iPod nano 抽出臂掛套袋。

**한국어:** iPod nano를 암밴드 주머니에 밀어 넣으십시오. 하단 덮개를 단단하게 조이십시오. 덮개는 두 가지 설정이 있습니다. 한 가지 설정은 iPod nano만 사용할 경우에 사용하고 나머지 설정은 Nike + iPod 수신기가 연결된 경우에 사용합니다.

암밴드를 팔에 두르고 금속 고리를 통과하여 스트랩을 장착한 다음 스트랩을 당겨 암밴드를 조이십시오.

iPod nano를 제거하려면 먼저 암밴드를 제거한 다음 하단 덮개를 풀고 iPod nano를 암밴드 주머니에서 밀어 꺼내십시오.



Para Português do Brasil, visite:  
[http://support.apple.com/pt\\_BR/manuals/#ipodaccessories](http://support.apple.com/pt_BR/manuals/#ipodaccessories)

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[www.apple.com/environment](http://www.apple.com/environment)

## Disposal and Recycling Information



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[www.apple.com/ipodnano](http://www.apple.com/ipodnano)  
[www.apple.com/support/ipodnano](http://www.apple.com/support/ipodnano)

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